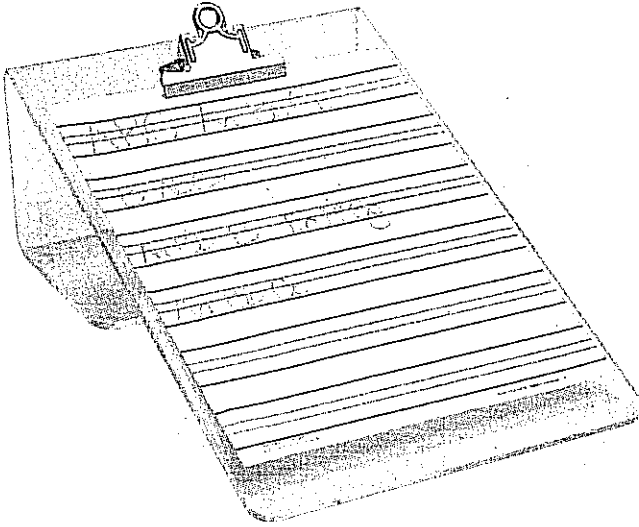


WEBSITES FOR BOOKS/EQUIPMENT OFTEN RECOMMENDED FOR LEARNING

1. Brain Gym- Teacher's Edition Revised [www.braingym.org/](http://www.braingym.org/)
2. The Learning Gym- Fun-to-do Activities for Success at School [www.braingym.org/](http://www.braingym.org/)
3. S'cool moves for Learning; Minute Moves for the Classroom [www.schoolmoves.com/](http://www.schoolmoves.com/)
4. Bal-A-Vis-X [www.bal-a-vis-x.com](http://www.bal-a-vis-x.com)
5. The Fine Motor Olympics Activities [www.flaghouse.com/itemdv0o.asp?T1=36754](http://www.flaghouse.com/itemdv0o.asp?T1=36754)
6. Handwriting Without Tears [www.hwtears.com](http://www.hwtears.com)
7. The following catalogs contain pencil grips, seat cushions, weighted vests...  
Therapro Catalog [www.therapro.com](http://www.therapro.com)  
Abilitations Catalog [www.abilitation.com](http://www.abilitation.com)

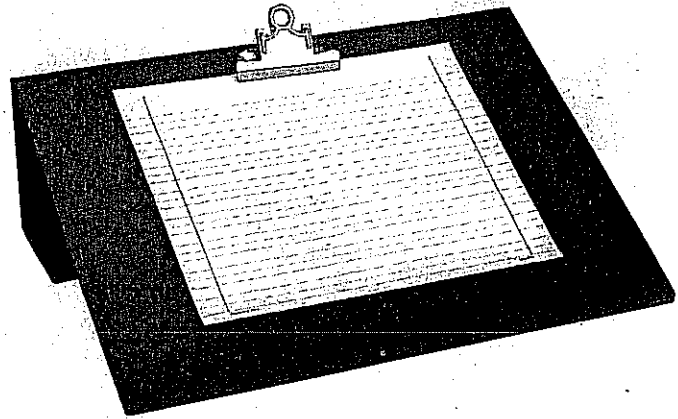
slant boards **AP** **HANDWRITING**



**Slant Board**

Clear acrylic board provides a smooth writing surface with a 25 degree angle that is ideal for writing. Features a stainless steel spring clip that holds paper securely and non-slip rubber feet.

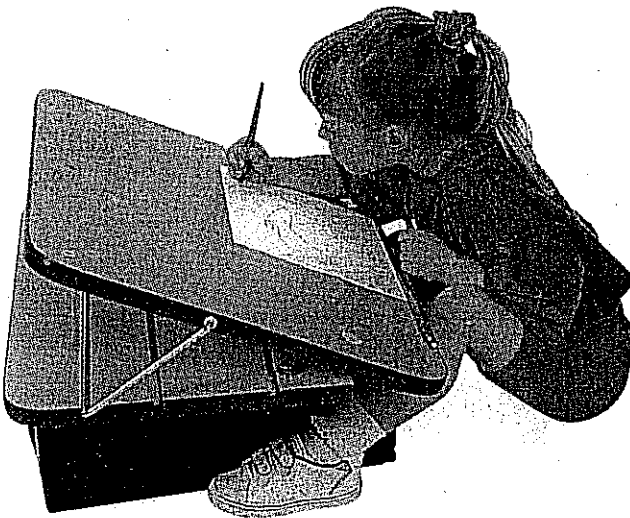
- #843AP5090 Small, 9"W x 13 1/2"D ..... \$39.95
- #843AP50901 Large, 15"W x 13 1/2"D ..... \$49.95




**Short-Reach Slant Board**

Short-reach slant board is perfect for little arms. Durable plastic board provides a smooth writing surface with an optimal 23° writing angle. Stainless steel clip secures paper and board has non-slip rubber feet. 15"W x 10"D.

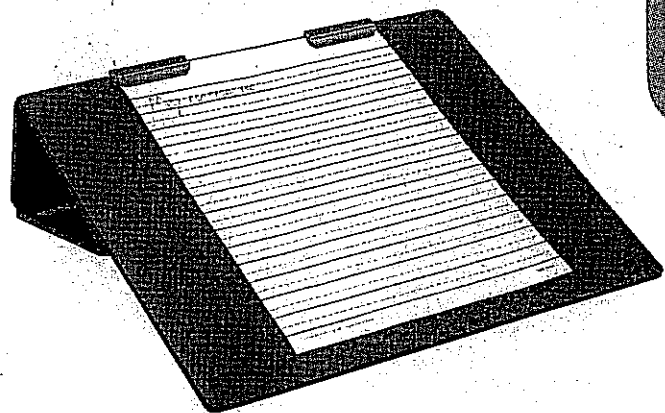
- #843AP429 ..... \$49.95



**Angle Activity Board**

Large 15" x 24" work surface adjusts to 5, 20 or 75 degree angle. A non-glare plastic cover provides a proprioceptive writing surface and decreases slippage. Ledge keeps items from falling off board. Ships within 3 weeks. 

- #843AP584 ..... \$265.00



**Economy Slant Board**

This lightweight slant board is great for traveling and can be easily stacked and stored. Folds down to a thickness of just 3/4". Plastic clamps hold paper and it has a low angle surface of approximately 20 degrees. Made of plastic coated corrugated material.

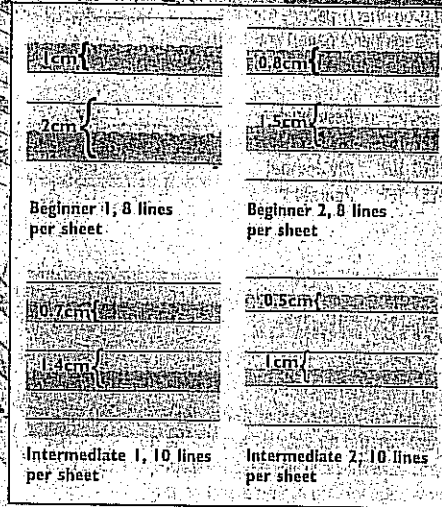
- #843AP5368 Small, 14"W x 12"D ..... \$19.95
- #843AP53681 Large, 18"W x 12"D ..... \$24.95

**HANDWRITING**

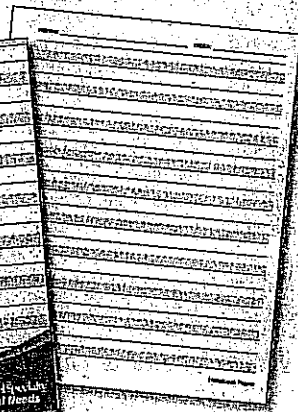
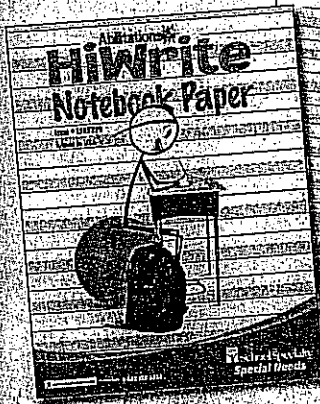
## Integrations Hi-Write Beginner Paper

### Hi-Lighted Paper

You love our Hi-Write paper so we've brought you more kid-friendly, therapist-tested, teacher-approved Hi-Write pads that will have fingers and pencils writing with more ease and clarity than ever before. Choose any of our pads below. Traditional first-grade writing paper with bottom line highlighted to encourage proper placement of letters. 100 pages.



Item #	Description	Qty.	List Price	Educator Price
9-089661-167	Beginner 1 Paper	100-PK	\$13.32	\$9.99
9-089662-167	Beginner 2 Paper	100-PK	\$13.32	\$9.99
9-089663-167	Intermediate 1 Paper	100-PK	\$13.32	\$9.99
9-027323-167	Intermediate 2 Paper	100-PK	\$13.32	\$9.99



## Hi-Write Wide-Ruled™ Notebook Paper Fits Your 3-Ring Binder

The perfect solution for replacing wide-ruled paper with Hi-Write highlighted paper. Spacing is to the exact measurements, as you will find in standard wide-ruled notebook paper. No more guessing where to write. Hi-Write lights the way! For those of you who are already familiar with the Hi-Write line of paper, the Hi-Write Wide-Ruled paper measures up to the Intermediate 1 Paper. Double-Sided. .7 cm of highlighted strip and 1.4 cm line to line 100 sheets.

Item #	Description	Qty.	List Price	Educator Price
9-1335536-167	Hi-Write Wide-Ruled Notebook Paper	EA	\$13.32	\$9.99



## Hi-Write Practice Pads

### With Plenty of Space!

Our very own Hi-Write Paper is such a huge success that we've brought you these great practice pads to improve writing skills. Choose from Hi-Write Numerals (0-10), Manuscript (upper and lower case) or Script (upper and lower case). Each set features the "Hi-Lighted" lines that define the writing space. Therapist designed and tested.

Item #	Description	Qty.	List Price	Educator Price
9-029515-167	Hi-Write Numeral Practice Pad. Contains 100 sheets with numbers 1-9 on each page. Each number has its own practice line.	100-PK	\$15.19	\$11.39
9-029517-167	Hi-Write Manuscript Practice Pad. Each letter has its very own sheet. There is an example letter on each sheet with arrows directing correct writing of that letter. Pad contains both upper and lower case letters.	EA	\$23.99	\$17.99
9-029476-167	Hi-Write Script (Cursive) Pad. Each letter has its very own sheet. There is an example letter on each sheet with arrows directing correct writing of that letter. Pad contains both upper and lower case letters.	EA	\$23.99	\$17.99

## 20 Simple Ways To Improve Concentration

1. Take movement breaks before working.
2. Listen to music scientifically arranged to promote focus.
3. Perform wall or chair push-ups.
4. Chew gum or a chewy.
5. Set a metronome to 60 beats per minute.
6. Use Brain Gym™ before work activities.
7. Minimize visual distractions.
8. Use bright, natural lighting.
9. Wiggle on a ball chair or in-seat concentration cushion.
10. Use a white-noise machine to minimize auditory distractions.
11. Suck on an atomic fireball or Altoid™ candy.
12. Fidget with a "fidget" while reading or listening.
13. Diffuse essential oils such as tangerine, basil, or rosemary.
14. Set a Time Timer™ to avoid obsessing about time constraints.
15. "Fidget" with your legs by shaking your foot or using a moving footrest.
16. Rock rhythmically in a chair with two x-shaped holes cut in tennis ball "socks" placed on the chair legs.
17. Swing or start a runner's club on the playground before school.
18. Jump on a trampoline or Bungee Jumper between assignments.
19. Create a way to kinesthetically learn the material.
20. Move, move, move...MOVE!

—Miss Sue and Team

### Pencil Grip

The Pencil Grip has a pear-shaped body made of a pliable, non-toxic material. It holds the fingers in a relaxed position by supporting the first knuckle of the thumb and index finger. This discourages writing with the fingers only and encourages full hand and arm action. Works effectively with either the right or left hand. **▲CHOKING HAZARD (1).** Not for under 3yrs.



Item #	Description	Qty.	List Price	Educator Price
9-017170-167	Pencil Grips, Set of 3.	3-ST	\$11.19	\$8.39
9-1004526-167	Pencil Grips, Set of 12.	12-ST	\$31.99	\$23.99



Textreme Squishy Grips


Noodle Doodle Grip



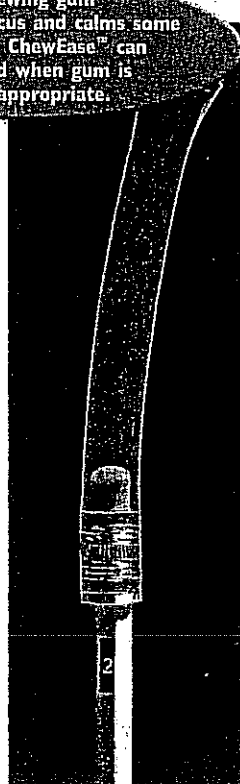
### Wake-Up Pencil Grips

Some handwriting issues are secondary to poor touch discrimination. Instead of getting accurate information from their fingers, it is as if some kids are wearing gloves and trying to write. Use "wake-up" activities like finger songs and brisk rubbing prior to writing. Use these "stimulating" grips to keep handwriting happy! **▲CHOKING HAZARD (1).** Not for under 3yrs.

Item #	Description	Qty.	List Price	Educator Price
9-021714-167	Textreme Squishy Grips (12)	DZ	\$6.92	\$5.19
9-021712-167	Textreme Squishy Grips (100)	ST	\$35.72	\$26.79
9-026376-167	Noodle Doodle Grips (36), 5 1/4" L (13cm), tacky grip. Sold in bags of 36.	ST	\$48.12	\$36.09



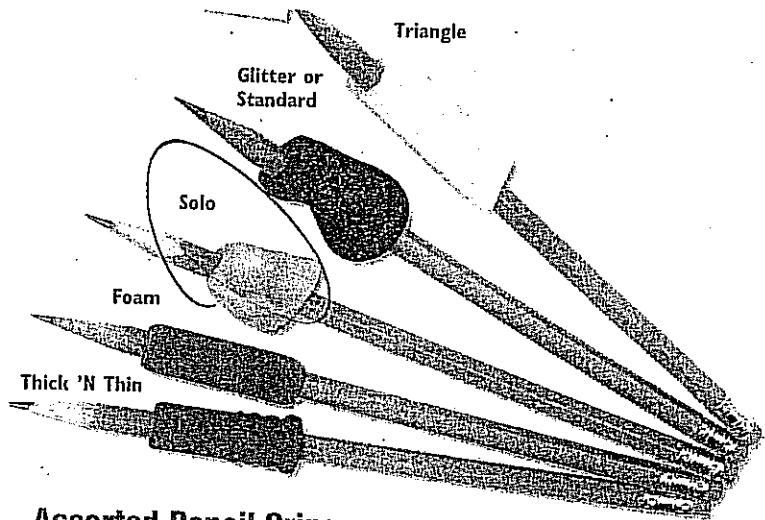
Chewing gum improves focus and calms some children. ChewEase™ can be used when gum is not appropriate.



**ChewEase Pencil Topper™**  
Improves Productivity And Concentration

Socially-appropriate, this pencil topper is almost invisible. Easily slides over the tip of a standard pencil to put self-regulation where you need it, available when you need it. Improve work productivity and concentration. Great for environments where chewing gum is not allowed. A lifesaver for homework, too! Made from medical grade FDA compliant USP class VI (this is the tubing they use for IV fluids etc.) non DEHP, phthalate free PVC plastic. Set of three.

Item #	Description	Qty.	List Price	Educator Price
9-018676-167	ChewEase Pencil Topper	3-ST	\$9.05	\$6.79



### Assorted Pencil Grips

Provide a "Helping Hand" For Writing

These high-quality pencil grips hold fingers in a relaxed position by supporting the first knuckle of the thumb and index finger. This discourages writing the "fingers only" and encourages full hand and arm action. All grips are designed for right- and left-handers, and are made from pliable, non-toxic material. Colors may vary. **▲CHOKING HAZARD (1).** Not for under 3yrs.

Item #	Description	Qty.	List Price	Educator Price
9-017678-167	Solo Grips	DZ	\$14.12	\$10.59
9-017674-167	Glitter Grips	DZ	\$31.99	\$23.99
9-017676-167	Triangle Grips	DZ	\$5.32	\$3.89
9-017677-167	Thick 'N Thin Grips	DZ	\$8.65	\$6.49
9-018220-167	Foam Grips	DZ	\$8.65	\$6.49
9-017675-167		5-ST	\$9.72	\$7.29

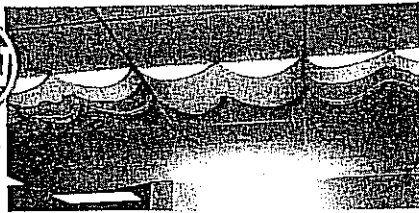
**Mixed Grip Package.** 1 each; Thick' N Thin, Foam, Solo, Glitter and Triangle.

9-1289784-167		48-ST	\$57.27	\$42.95
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**Sampler Set.** 12 each of Solo, Glitter, Triangle and Air Grips.



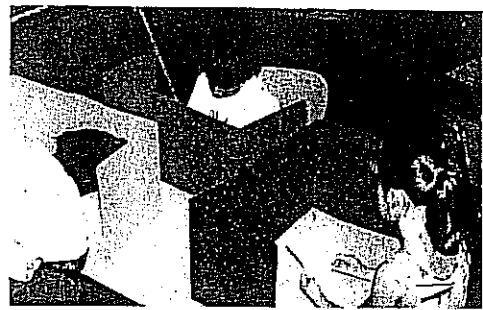
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### Cozy Shades

Cozy shades filter out annoying hues in classrooms or cafeterias, softening the light for a "cozier" space. Designed for standard fluorescent fixtures used in schools. Flame-retardant 54"L x 24"W (137.2 x 61cm) panels. Six magnets allow for single or double swags on each fixture.

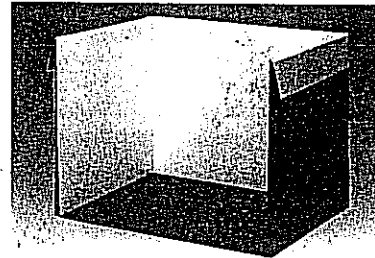
Item #	Description	Qty.	List Price	Educator Price
9-1406232-167	Green	EA	\$33.32	\$24.99
9-1406259-167	Royal Blue	EA	\$33.32	\$24.99
9-1406260-167	Purple	EA	\$33.32	\$24.99
9-1406261-167	Striped	EA	\$33.32	\$24.99



### Porta Screen Carrel

An economical, lightweight 3-panel study carrel which can be moved from desk to desk when privacy is required. The carrel is made of polyethylene and measures 44" x 12" with two 11" x 12" side panels to create a desk space of 22" x 11". Comes in assorted colors.

Item #	Description	Qty.	List Price
7-626436-167	Porta-Screen Carrel	EA	\$9.95

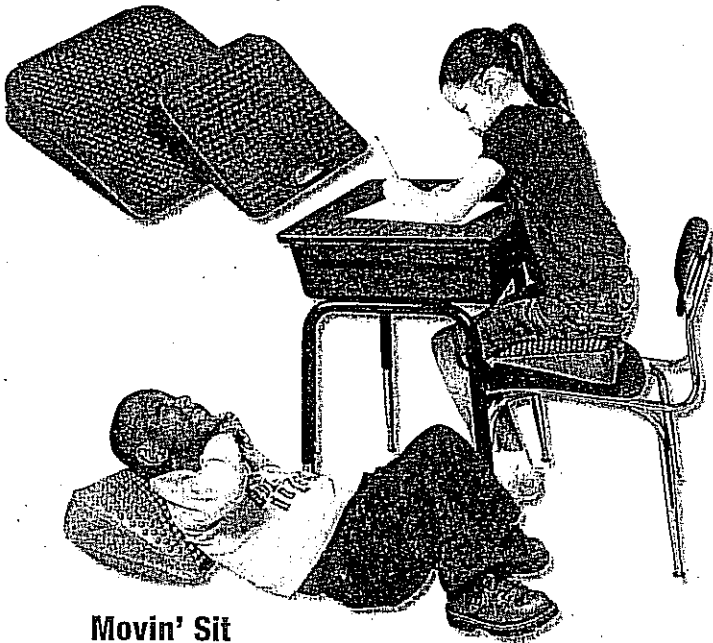


### Pacon® Corrugated Study Carrel

Keep It Plain Or Write On It!

Sturdy corrugated construction with woodgrain print outside. Base provides hard writing surface. 25"W x 18"D x 17"H (64 x 46 x 43 cm).

Item #	Description	Qty.	List Price	Educator Price
9-700435-167	Corrugated Carrel	EA	\$19.05	\$14.29



### Movin' Sit

A Ball And Wedge In One Inflatable Seat

Movin' Sit is an inflatable wedge seat that has the best properties of both dynamic seating and static positioning. It combines sitting on a ball and wedge in one seat to encourage correct anatomical seating. As an inflatable item (similar to a ball), Movin' Sit requires active participation from its user in assuming a correct sitting posture. Its surface is comfortably bumpy, allowing air to circulate beneath the buttocks while providing acupressure. It inflates easily by mouth and has a built in handle for easy carrying. Colors may vary.

Item #	Description	Qty.	List Price	Educator Price
9-008266-167	Movin' Sit. 15" x 15" (38cm x 38cm).	EA	\$55.19	\$41.39
9-009995-167	Movin' Sit Jr. 10" x 10" (25cm x 25cm).	EA	\$42.79	\$32.09

## Resting Seating or Active Seating?

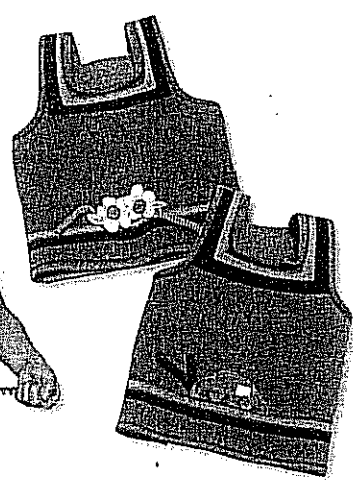
Careful observation of kids in the classroom suggests that "good seating" may be more varied than previously thought. The popular 90-90-90 guideline encourages a more posterior pelvis with loss of the natural lordotic curve and slumping of the spine against the back support. Aren't we seating all students in positions that are telling their bodies to "rest"?

Encourage true postural control in sitting, and alertness and attention to task in seating the student with an anterior pelvic tilt and less than 90 degrees flexion at the hips. (Think of your student who always tips his chair forward when working at his desk!)

This position, with feet firmly planted on the floor (and yes, they may not always be evenly spaced. At times one foot may be in front of the other) encourages true pelvic weight bearing, which is not a static posture, but an active "holding" in a functional position. It is important that the student is able to move in and out of this position freely, whether they are writing, reading, or listening. The student will engage the proprioceptive and vestibular systems through pelvic weight bearing, weight shifting, and rotation. Fantastic! If you observe increased trunk control, better posture, and improved attention, then this position is a match for this child. *Wow! Active Learners - got to love it!*

—Carol Chapin, Therapist

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### Integrations Pressure Vest

The Fashion Vest for Boys and Girls.

You wanted cute! We made it versatile! The Pressure Vest features a secure hook and loop adjustable fit for a terrific "hug", double stitched seams and 2 choices for "fidget" adornments (cars or flowers, both included). A perfect solution for your sensory-seeking-pressure-loving-fidgeter! Vest is 17" L (shoulder to waist) and 9"-14" across the front (adjustable). Caution: This Product Contains Natural Rubber Latex Which May Cause Allergic Reactions. **CHOKING HAZARD (1). Not for under 3yrs.**

Item #	Description	Qty.	List Price	Educator Price
9-1335078-169	Pressure Vest	EA	\$66.65	\$49.99

### Integrations Deep Pressure Sensory Vest™

The two piece design of our Integrations Deep Pressure Vest can help increase body awareness, attention and focus while reducing the likelihood of accidental removal by the wearer. Hook-and-loop closures on the shoulders and sides provide a wide range of adjustability, and the side closures can be adjusted in two sections to fit a variety of body shapes. Perfect for children who may become preoccupied with the front closure. Made from 2mm perforated neoprene. Durable and Machine washable. Colors vary by size.

Item #	Description	Qty.	List Price	Educator Price
9-1387574-169	XXSmall - 20"W x 12"L - Blue	EA	\$89.32	\$66.99
9-1387577-169	XSmall - 24"W x 14"L - Red	EA	\$100.25	\$75.19
9-1387575-169	Small - 30"W x 17"L - Blue	EA	\$112.65	\$84.49
9-1387573-169	Medium - 36"W x 20"L - Green	EA	\$126.39	\$94.79
9-1387572-169	Large - 42"W x 24"L - Black	EA	\$153.85	\$115.39
9-1387576-169	XLarge - 48"W x 26"L - Grey	EA	\$166.25	\$124.69



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Visit our website at  
[www.abilltractions.com](http://www.abilltractions.com)  
for more sensory  
products!



### Integrations Deep Pressure Sensory Tops

Designed to "Hug" and Provide Deep Pressure

The Integrations Deep Pressure Sensory Top is designed to provide deep, even pressure to a child's torso to improve body awareness, to calm and improve attention and focus, and to decrease sensory seeking behaviors. It features shoulder, side, and front hook-and-loop closures for a wide range of adjustability. The front closure is good for children who wish to remove or adjust the vest themselves, or for those for whom quick removal of the vest is more important. Made with 2mm perforated neoprene for durability and comfort. Measure around the chest for sizing purposes. Colors vary by size.

Item #	Description	Chest Width	Color	Qty.	List Price	Educator Price
9-1387584-169	Toddler Small	21" - 22"	Blue	EA	\$75.59	\$56.69
9-1387583-169	Toddler Medium	23" - 24"	Green	EA	\$89.32	\$66.99
9-1387582-169	Toddler Large	25" - 27"	Black	EA	\$100.25	\$75.19
9-1387581-169	Child Small	29 1/2" - 30 1/2"	Blue	EA	\$112.65	\$84.49
9-1387570-169	Child Medium	30 1/2" - 31 1/2"	Green	EA	\$123.59	\$92.69
9-1387580-169	Adult Small	32 1/2" - 34"	Blue	EA	\$134.65	\$100.99
9-1387579-169	Adult Medium	34" - 36"	Green	EA	\$140.12	\$105.09
9-1387578-169	Adult Large	36" - 38"	Black	EA	\$146.92	\$110.19

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